

# Private Wellness at Hotel Panorama

For your well-being we have created a small wellness centre located in our annex opposite the hotel.

**Access to the centre is not free because we do not want to penalize customers who are not interested.**

- It is limited to 4 people (maximum 6 on request)
- It should be booked at the reception during your stay or when booking

**We offer a package with a specific time schedule each:**

**Private** (2-hour module) for 70 € (1 to 4 persons)

The space is totally dedicated to you.

Booking from 10.00 am to 12.00 pm

12.30 pm to 2.30 pm

3.00 pm to 5.00 pm

5.30 pm to 7.30 pm

**For your convenience, you receive:**

2 towels per person

Tea and water fountain

**In addition:**

Bathrobe for rent: 4 €

1 pair of bath slippers to buy 2 €

## The Wellness of Hotel Panorama is an ideal place for healing the body and the mind in a Zen space open to the outside.

Enjoy

**- the swimming pool heated to 30 °C** with bench seat and stream for static swimming

Swimming against the current is very effective and really helps to practice swimming in a small pool. The powerful stream allows static swimming. The bench also allows more gentle activities such as spa.

**- the infinity Jacuzzi:**

The water heated to body temperature (36 °C) dilates the arteries, increases blood circulation and reduces joint pain. Its hydro-massage will help you reduce muscle tension, stress and fatigue. The impact goes far beyond the pleasure derived from the bath. You come out relaxed, soothed and rejuvenated.

**- the Physiotherm infrared sauna with multiple benefits.**

The Austrian made Physiotherm infrared cabin contributes to greater well-being and more effective healthcare.

The gentle 30° C infrared heat brings a new energy to your body and performs wonders:

- Relieves back pain and other muscular pains.
- Purifies and detoxifies your body.
- Strengthens your immune system.
- Improves your bloodstream.
- Encourages weight loss diets.
- Supports treatments against skin diseases and allergies.
- Many athletes use it for muscle relaxation and for a revalidation after an injury

**- the terrace**

In the summer, relax on deck chairs and enjoy sunbathing.

In the winter enjoy a good bowl fresh air.

## House Rules

Anyone making a booking in the wellness centre automatically agrees with the house rules. These are designed to ensure safety, order, peace and health in our centre.

- To ensure security, peace and order and to prevent undesirable behaviour, we use a surveillance camera in the pool and Jacuzzi

- Smoking is prohibited in the building and on the terrace.

- Pets are not allowed in the wellness centre.

- It is forbidden to enter wet into the sauna

- It is strictly forbidden to dive and jump in the pool and Jacuzzi.

- For security reasons and serenity children under 18 must be accompanied by their parents.

- Wearing a swimsuit is mandatory in the pool and Jacuzzi space.

For the sauna in the case of a private rental you can wear the outfit that suits you best, however, a towel must be placed on the seat.

- Behaviour of a sexual nature is strictly prohibited. The visitor ignoring this rule will be asked to leave the centre after full payment and no refund.

-In order not to penalize the following clients, you are expected to respect the booking times and mainly the exit time. A late release of up to 5 min will be tolerated, but for any delay beyond that you will be charged 20 €.

- A cloakroom is available to you in the lobby. We decline all responsibility for theft, and we advise you not to bring valuables.

- Bringing food and beverage in the centre is not allowed.

- It is forbidden to add personal products in the pool, Jacuzzi and sauna and to use products such as soap or sunscreen that would contaminate the pool water.

- The centre declines all responsibility for any accident, injury or damage to property resulting from the use of space and materials made available or from non compliance with house rules.

We reserve the right to enter the space at any time for reasons of safety, to ensure compliance with the guidelines and rules.

People with a heart condition and pregnant women enter the spa at their own risk

**We wish you a pleasantly relaxing time and lots of fun !**

